



*“We work on ourselves in order
to help others, but also we help
others in order to work
on ourselves.”*

~ Pema Chodron ~

Hands on Healing offers a
500-Hour Professional Massage
Therapy Program and over
2,500 hours of elective options.

The Professional program
provides you with all the hours
required for California Massage
Therapy Council (CAMTC)
certification as well as local
licensing requirements.



HANDS ON
HEALING
INSTITUTE



CALL US TODAY

to schedule a tour of
the school. Meet with
one of us and begin the
career of a lifetime!

818.951.5811



Hands on Healing Institute is a private institute licensed
to operate by the Bureau of Private Post-secondary Education
for the MT500 Massage Therapy Program and
all continuing education courses.

CAMTC School Code SCHO106

HANDS ON
HEALING
INSTITUTE



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CORE CURRICULUM

450 HOURS

Your comprehensive massage therapy Education starts with the Core Curriculum, an integrative approach to multiple massage modalities including: Swedish massage, Therapeutic Deep Touch, Polarity Energy work, Thai massage, myofascial release protocol, pregnancy massage and chair massage. The curriculum emphasizes the understanding of conventional anatomy and the meta-organization of both fascial and energetic systems. You will be trained in active listening skills and an appreciation of psychological and energetic boundaries. All state required hours in Anatomy, Physiology, Business & ethics, Contraindications, and Health & hygiene are included in the core curriculum.

ELECTIVES

50 HOURS

The 500 hour Professional Massage Therapy Program allows you to customize 50 hours of your education to achieve your specific career goals.

Whether you want to focus on deepening your knowledge of a particular modality or sampling a broad range of techniques, Hands on Healing has over 2,500 hours of specialized elective classes to choose from. For a complete list, visit www.gotohhi.org

ACUPRESSURE

AROMATHERAPY SERIES

CREATING YOUR SIGNATURE TREATMENT

ADVANCED CHAIR MASSAGE

REIKI I & II

FOCUS ON FASCIA SERIES

DEEP TISSUE SERIES

SOCIAL MEDIA FOR YOUR BUSINESS

LYMPHATIC MASSAGE

MBLEX PREP COURSE

REFLEXOLOGY SERIES

SPORTS MASSAGE

TRIGGER POINT THERAPY

VIBRATION AND SOUND THERAPY

STUDENT CLINIC

50 HOURS

In Addition to 450 core hours and 50 hours of electives, our program offers 50 hours of hands-on practical learning. Engaging professionally with new clients is essential to becoming a massage therapist. In student clinic, students are given the tools to practice protocol and experience the reality of working with different bodies and needs. Through student clinic students will gain confidence to create and implement individualized treatments.

